

Here are some purchasing details about the magnets.

AMAZON

Body & Head Protection:

Rubber-coated waterproof magnets:

ULIBERMAGNET 2Pack Anti-Scratch 60lb Strong Neodymium Round Rubber Coated Magnet with D1/4"-20 Female Thread, Strong Magnetic Mounting with D1/4"-20 Hole for Lighting, Camera, Tools

<https://a.co/d/f8b7gHl>

ULIBERMAGNET 2Pack Anti-Scratch 100LB Powerful Neodymium Round Rubber Coated Magnet Base with M8 Female Thread Stud, Strong Magnetic Magnet for Led Working, Signal Lights & Tools

<https://a.co/d/iVUmurA>

4Pack Anti-Scratch Mounting Magnets, 30LBS Rubber Coated Neodymium Magnets with M4 Threaded Studs, Non-Slip Strong Mounting Magnet for Led Lighting Bar, Neodymium Magnet Base for Signal Lighting on Cops' Cars

<https://a.co/d/5KivCJn>

Ear Protection, Place 4 or 5 small magnets in both ears:

TRYMAG Small Magnets, Small Neodymium Disc Magnets, 80 Pcs Strong Rare Earth Magnets Tiny Black Round Button Magnets for Fridge, Whiteboard, Billboard, Hobbies, Office

To remove the magnets from your ears, place another magnet near your ear, and it will jump on to the magnet. These little magnets block all the frequencies they shoot at my ears. I wear these ALL THE TIME – day & night.

<https://a.co/d/er7IXt6>

Vaginal Area Protection:

LOVIMAG Magnets, 110lb+ Waterproof Super Strong Neodymium Magnet with Hole for Wall Mounting, Strong Rare Earth Cup Magnets with Heavy Duty Countersunk Hole and Screws for Tool Room, Workplace - Pack of 10

These magnets arrive pre-arranged 5 on top side and 5 on the bottom side. I leave the magnets exactly like that and place inside my underwear against my skin. I hold them in place with 2 or 3 of the 30lbs rubber coated magnets on the outside of my underwear. I wear compression shorts to hold them all in place. (Layering!)

<https://a.co/d/1Z9Vk3i>

To Hold Magnets in Place on your arms and legs or core, works for swimming or hot-blooded body types:

Amazon Kinesiology Tape

Waterproof Kinesiology Tape - [3 Rolls] - Kinetic Tape - Joints Support & Muscle Pain Relief - 16.4 ft Uncut Knee Tape + 50 Videos - Muscle Tape

<https://a.co/d/gqAM8Yt>

ALIEXPRESS (cheaper) Kinesiology Tape

Waterproof Kinetic Tape, I use 7.5cmX5m size so it covers the magnets

https://www.aliexpress.us/item/3256802140628921.html?spm=a2g0o.order_detail.order_detail_item.3.646cf19cLVaEc6&gatewayAdapt=glo2usa

COSTCO Wholesale Online: Women's Underwear

To hold magnets against my body, I use Carole Hochman Ladies Seamless briefs, 5-pack \$13.99 at Costco. I like the breathability and the feel against my skin. Sizing from XS – XL. Excellent stretch.

<https://www.costco.com/carole-hochman-ladies'-seamless-brief%2C-5-pack.product.100680241.html>

AMAZON Online: Women's Underwear

Carole Hochman Women's Underwear 5-Pack, various styles, from \$21.99-\$25.98:

<https://a.co/d/0YbPad>

QVC Athletic Swim Shorts (to hold magnets in underwear)

To hold Magnets in Place in my underwear, I use these Lands' End brand mild compression outerwear swim shorts day & night. They look great in the summer. They have pockets on both sides, and I place 2 additional magnets in the pockets. Discreet and it looks very nice.

You can wear these swim shorts under your jeans and skirts too. These shorts are discreet:

Not sheer or transparent. On sale as of 8/2/23 for \$25.65, Sizing from XS to 3X. You can wear these shorts anywhere and look amazing.

<https://www.qvc.com/Lands-End-Chlorine-Resistant-6%22-Bike-Short.product.A488329.html?sc=PRODFEED&TZ=EST>

Hope this helps Tis to protect themselves!

Love & blessings,

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